

TPI – Description of driver offender programs

Luxembourg (by Lucien NICOLAY ; IPG ; nicolayl@pt.lu)

(A)

One-day-safety training course « STAGE OBLIGATOIRE POUR CONDUCTEURS NOVICES » (automobilistes & motocyclistes)

Program for novice drivers at the CFC (Centre de Formation pour Conducteurs) in Colmar-Berg since 1st of July 1995 (Law for cars cat. B and motorcycles cat. A2. 3 years after the Austrian law) : Within 2 years of acquiring the driving license (on probation), novices must take this obligatory course ; a driving experience of at least 3000 km is recommended. No definite license without that course within 2 years! Prolongation of the stage or suspension if serious traffic offenses.

6.651 novice drivers in 2013 !

Become a defensive driver / rider.

Method : Learning by doing ; theory and practice in 7 hours.

Because novice drivers are involved 3x more often in accidents than experienced drivers. Some die already in the 2 first years of driving in stage time or have serious accidents. Drivers under 25 years represent less than 10% of all drivers but they are involved in about 25% of all road-accidents.

Contents : Self assessment, influence of speed and reaction time, stopping distance in an emergency, observing and steering techniques, safety distance between 2 vehicles, choice of correct speed, braking and avoiding an obstacle on slippery roads, behavior and consequences of a spinning/sliding car, avoiding mistakes, « blind spots », ...

6-10 clients per instructor/trainer (no psychologist)

No examination ; participation certified and reported to Department of Transport, licensing authority.

The clients pay 190 – 210 (weekends) euros (insurance, breakfast, lunch included) ; a government subsidy of 40 € is included in this price.

No courses on Mondays

(B)

Driving license 12-points-system : Permis à points et cours de sensibilisation

The driving license with 12 points system was introduced in Luxembourg since the 1st of November 2002 and in the same law 2 rehabilitation measures : « cours de sensibilisation ; récupération de 3 points & récupération du permis »

The aim is to have an educational and a deterrent effect, before it comes to the repressive measures included in the system. This system should encourage the driver by a loss of his points to adjust his driving behaviour before the loss of all 12 points and in the result, the suspension of the driving license. If the total of points is ZERO, the driving license is automatically suspended for 12 months by the transportation and license authority.

The owner of driving license with the 12 points, who loses some points,
=> can recover them automatically (up to 12 again), if he has not committed any new infraction during 3 complete years, counting from the date of the LAST infraction years. Individual infractions DO NOT have an expiry period.
=> However it is possible to participate - only ONCE every 3 years - in a special one day course at the CFC and recover a maximum of 3 points.

One volunteer and one obligatory course :

+ The **volunteer 3 point sensibilization course** (1 day ; 7 hours ; max. 12 participants) is not a safety driving course. The participants are taught to realise their mistakes and avoid them in future. The components of the course are : 3 hours practical demonstrations leaded by an instructor (CFC) and 4 hours psychological education and counseling by a psychologist (IPG).

210 participants in 2013 !

Content :

Instructional explanations, driving exercises and demonstrations ;
Influence of speed, reaction time, ... ; Meaning of speed limits (differences, risks and consequences : 30, 50, 70, 90, 130)
Driving distance between cars ; amber traffic lights

Influence of alcohol, drugs, tiredness, distraction, emotions, temperament and traits, ...
Influence of somatic and psychic disorders, infl. of medication
Individual introspection and behaviour analysis, infraction analysis, individual strength and weak points
Guidings to behaviour modification and self-management

Costs : 287 € paid by client (without meal)

Participation certified and reported to Department of Transport, licensing authority.

+ The **12 point rehabilitation course** (5 days/4-6 weeks, 18 hours), **obligatory to recover the driving license** after the one year suspension counts 3 components :

2 audits on the road (before and after) and
3 hours practical demonstrations (as above) conducted by the instructors (CFC)
12 hours psychological sessions in 4 days ; education and counseling by IPG-psychologist (see 3 point course): (1) Motivation and compliance for responsibility taking and individual goals of security ; how to make an accident ? ; (2) individual behaviour analysis conc. abuse of alcohol, drugs, medication, « silent killers » : distraction,

tiredness & sleepiness, emotional and behavioural dysregulation ; (3) speed and consequences/risks, mythology of gaining time, speed addiction (motivational factors), speed and temperament, personality traits ; individual analysis of offenses and alternative ways of driving and fulfilling psychic needs ; (4) evaluation, encouragement for self-management, individual strategies, optimization, relapse prevention

238 participants in 2013 !

Costs : 603 € paid by client (without meal)

Participation certified and reported to Department of Transport, licensing authority.

(C)

Two days Rehabilitation course « STAGE DE REHABILITATION » offered by the « La Sécurité Routière » (road security association) for selected drivers who committed a serious offense and were sentenced by one of the 2 courts of justice (Luxembourg since 2003 ; Diekirch since 2012). So this stage replaces the persecution. The courses are led by a psychologist and another specialist of road security.

120-150 participants per year !

(D)

IPSM®-CAR-COP-SIR : Individual- or group-psychotherapy offered by the psychotherapists of the IPG (INSTITUT FIR PSYCHOLOGESCH GESONDHEETS-FÖRDERONG) in Bertrange since 2004 as a complementary measure for clinical cases after the volunteer or obligatory courses at the CFC in Colmar-Berg or as a preventive measure for patients risking a suspension of the driving license. The costs for the 40 hours (50 minutes) are paid by the clients and depend on the income.

4-12 participants per year !

IPSM® = Individual Psychological Self Management Therapy (disorder centered/specific psychotherapy)

CAR = Contre l'Alcool sur la Route (alcohol abuse)

COP = Conduire en Partenaire (f. expl. : emotional & behavioural dysregulation ; ADHD, Borderline, ASPD, ...)

SIR = Substances Illégales sur la Route (drugs and medication abuse)
(40 hours after work once a week for 2-3 hours per session)

P.S.:

Driver licences in 2013 (Luxembourg)

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